

First Announcement

10th MASP BIENNIAL SCIENTIFIC MEETING

**THE INVISIBLE BURDEN:
Intersection between Neuropathic
Pain & Mental Health**

2nd July 2026 - 4th July 2026



MONASH UNIVERSITY, SUNWAY CITY

Online Registration open:
<https://bit.ly/MASP-BSM-2026>

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10th MASP BIENNIAL SCIENTIFIC MEETING



FIRST ANNOUNCEMENT

THE INVISIBLE BURDEN: Intersection between Neuropathic Pain & Mental Health

2nd July 2026 - 4th July 2026 (Thursday - Saturday)

Monash University

WELCOME MESSAGE

DR. SHAWN LEE JI KWAN
ORGANISING CHAIRPERSON
10TH MASP BIENNIAL SCIENTIFIC MEETING
MALAYSIAN ASSOCIATION FOR THE STUDY OF PAIN



Dear friends and colleagues,

On behalf of the Organising Committee, it is my pleasure to welcome you to the 10th Malaysian Association for the Study of Pain (MASP) Biennial Scientific Meeting themed “The Invisible Burden:

Intersection between Neuropathic Pain and Mental Health”, which will be held at Monash University Malaysia on the 2nd to 4th July 2026.

Neuropathic pain highlights a critical challenge within contemporary healthcare systems. Although its neurobiological mechanisms are increasingly understood with effective pharmacological pain relief options available, the psychological and emotional suffering of persons living with persistent neuropathic pain remain insufficiently recognised and inconsistently addressed. Fragmented service structures and disciplinary silos continue to limit the delivery of comprehensive, person-centred care.

This meeting invites reflection not only on emerging evidence, but also on how clinical pathways, training frameworks, and service design can better support integrated pain and mental health care. Addressing neuropathic pain effectively requires coordinated, interdisciplinary approaches in which mental health is recognised as a core component of pain management rather than a secondary consideration. MASP remains committed to advancing education, collaboration, and system-informed practice. Our biennial meeting serves as a platform to foster dialogue, strengthen professional networks, and promote care models that respond to the full burden of pain.

I extend my sincere appreciation to the organising and scientific committees, our speakers, partners, and sponsors for their dedication. I hope this meeting provides meaningful insights and contributes to ongoing efforts to improve pain management in Malaysia.

Warm regards,

Lee Ji Kwan (Shawn), BPsych, MCLinPsych, PhD

Organising Chair

MASP Biennial Scientific Meeting 2026

WELCOME MESSAGE

DR. KIUNG SZE TING
SCIENTIFIC CO-CHAIRPERSON
10TH MASP BIENNIAL SCIENTIFIC
MEETING
MALAYSIAN ASSOCIATION FOR
THE STUDY OF PAIN



MS. PREESHAA A/P ADITHAN
SCIENTIFIC CO-CHAIRPERSON
10TH MASP BIENNIAL SCIENTIFIC
MEETING
MALAYSIAN ASSOCIATION FOR
THE STUDY OF PAIN



Welcome Message from the Scientific Chairperson,

It is my great pleasure to welcome you to the Malaysian Association For The Study of Pain – 10th Biennial Scientific Meeting themed “The Invisible Burden: Intersection between Neuropathic Pain and Mental Health.” This conference brings together professionals from diverse disciplines, united by a shared commitment to advancing understanding and care for patients living with neuropathic pain and its psychological consequences..

The programme also features challenging and evolving areas including paediatric pain, where assessment and communication barriers complicate care; cancer-related pain, which demands a balance between effective analgesia and quality of life; and the complex interface between chronic pain and substance dependence, requiring careful risk assessment, ethical prescribing, and compassionate management. In addition, the programme explores medicolegal aspects of pain management, emphasising the importance of accurate diagnosis, documentation, informed consent, regulatory compliance, and professional accountability in contemporary practice.

We also recognise the critical role of allied health professionals, including physiotherapists, occupational therapists, and psychologists, in the multidisciplinary management of neuropathic and chronic pain. Their expertise in rehabilitation, functional restoration, behavioural strategies, and psychological interventions is essential in addressing both the physical and emotional dimensions of pain, promoting long-term recovery, resilience, and improved quality of life for patients.

We are honoured to host distinguished international speakers, including Professor Mark Jensen, Professor of Rehabilitation Medicine at the University of Washington, whose work has significantly advanced understanding of pain mechanisms and psychosocial pain management, and Professor Helen Slater, a leading clinical researcher from Curtin University, renowned for her contributions to pain science and translational research.

This meeting is further strengthened by a panel of distinguished local faculty and professionals from the ministry of health hospitals, university hospitals and private sectors. Their collective expertise and experience provide critical insights into the realities of clinical practice and research within the Malaysian healthcare landscape.

Through this conference, we aim to promote meaningful dialogue, ethical and evidence-based practice, and collaborative strategies to better address the invisible burden of neuropathic pain and mental health. I wish you a productive and enriching conference.

Warmest regards
Kiung Sze Ting, MBBS, M.Med (Anaes)
Preesha Adithan (Physiotherapist)
Scientific chair
2026 MASP Biennial Scientific Meeting

WELCOME MESSAGE

PROF. DR. ZUBAIDAH JAMIL OSMAN
PRESIDENT
MALAYSIAN ASSOCIATION FOR THE STUDY OF PAIN



Dear colleagues and friends,

On behalf of the Malaysian Association for the Study of Pain, it is my great pleasure to welcome you to our 10th Biennial Scientific Meeting. This year, we gather under the theme: *"The Invisible Burden: Intersection between Neuropathic Pain and Mental Health."*

Neuropathic pain is often unseen, yet it profoundly impacts lives; not only through physical suffering but also through its deep connection with mental health. By bringing together clinicians, researchers, educators, and advocates, we aim to shed light on this hidden burden, foster dialogue across disciplines, and explore innovative strategies to improve patient care and quality of life. In addition, it offers a valuable platform for early-career clinicians and researchers to share their work, ensuring that fresh perspectives and new findings contribute to our collective understanding.

This conference marks an important milestone for our association: a platform to exchange knowledge, strengthen collaboration, and reaffirm our commitment to holistic, compassionate approaches in pain management. We invite you to join us in advancing understanding, challenging assumptions, and shaping better futures for those living with pain.

We also warmly invite members of the healthcare industry to participate in this conference by hosting a booth and engaging directly with our delegates through your presence and advertising. We deeply appreciate your past support and look forward to your continued partnership with MASP.

I also extend my heartfelt gratitude to the organising and scientific committees for their tireless dedication in preparing this event. Their commitment has ensured a rich and exciting scientific program, and I am confident that all participants will find the conference both meaningful and productive. Please mark your calendars - we look forward to your participation and to the collective insights that will emerge from this gathering. Together, let us make the invisible visible.

Warm regards,

Prof. Dr. Zubaidah Jamil Osman

President, Malaysian Association for the Study of Pain

INTERNATIONAL SPEAKERS

1. Andrew Rice, Professor of Pain Research, Department of Surgery & Cancer, Imperial College London, UK
2. Angela Yeo, Paediatric Anaesthesiologist, KK Women's and Children's Hospital, Singapore
3. Helen Slater, Professor, Faculty of Health Sciences, Curtin University, Perth, Australia
4. Herdiani Sulisty Putri, Lecturer, Dept of Anaesthesiology & Reanimation, Faculty of Medicine, Universitas Airlangga, Surabaya, Indonesia
5. Jimmy Barus, Associate Professor, Dept of Neurology, School of Medicine and Health Sciences, Universitas Katolik Indonesia Atma Jaya, Jakarta, Indonesia
6. Mark P Jensen, Professor & Vice-Chair for Research, Dept of Rehabilitation Medicine, University of Washington, Seattle, US
7. Quyen Van Than, Chief of Pain Clinic, Hospital 199, Da Nang, Vietnam

LOCAL SPEAKERS

1. Fong Choong Yi, Consultant Paediatric Neurologist, University Malaya
2. Farah Khalid, Paediatric Palliative Care Consultant, University Malaya
3. Fazlina Ahmad, Consultant in Palliative Medicine & Head of Palliative Medicine Subspecialty, Ministry of Health Malaysia
4. Lee Ji Kwan, Clinical Psychologist & Senior Lecturer, Dept of Psychology, Monash University Malaysia
5. Lim Kang Kai, Consultant Orthopaedic Spine Surgeon, Sunway Medical Centre
6. Chong Lee Ai, Paediatric Palliative Care Consultant, University Malaya
7. Nancy Anne Josop, Senior Physiotherapist, Hospital Kuala Lumpur
8. Nur Hidayah Binti Yahaya, Occupational Therapist, Hospital Selayang
9. Tang Swee Peng, Paediatric Rheumatologist, Hospital Selayang
10. Wan Aliaa Binti Wan Sulaiman, Consultant Physician and Neurologist & Associate Professor, Faculty of Medicine and Health Sciences, University Putra Malaysia
11. Zubaidah Jamil Osman, Clinical Psychologist & Professor, International Medical School, Management and Science University

PRECONGRESS WORKSHOPS

DATE: 2ND JULY 2026 (THURSDAY)

WORKSHOP 1: CONVERSATIONS THAT HEAL: MOTIVATIONAL INTERVIEWING IN PAIN MANAGEMENT

TARGET GROUP: Pain Specialists and Trainees, Specialists & Medical Officers

FACILITATOR: Prof. Mark P Jensen

WORKSHOP 2: CBT IN ACTION: TRANSFORMING CHALLENGES INTO CHANGE

TARGET GROUP: Specialists and Medical Officers, Physiotherapists, Occupational Therapists, & Psychologists

FACILITATOR: Pn Syarifah Norah

WORKSHOP 3: EASING THE HURT: PAEDIATRIC PAIN MANAGEMENT ESSENTIALS

TARGET GROUP: Pain Specialists and Trainees, Paediatricians & Trainees, Specialists & Medical Officers, Physiotherapists & Occupational Therapists

FACILITATOR: Dr. Farah Khalid



MAIN CONFERENCE

SCHEDULE: DAY 1

DATE: 3RD JULY 2026 (FRIDAY)

Time	Topic	
07:30 AM - 08:00 AM	Registration	
08:00 AM - 08:30 AM	Welcome Address by the organising chairman and MASP President	
08:30 AM - 09:00 AM	By the scientific committee chairperson - Official opening of the meeting	
09:00 AM - 09:30 AM	PLENARY 1 : <i>NEUROPATHIC PAIN AND MENTAL HEALTH</i>	
09:30 AM - 10:00 AM	PLENARY 2 : <i>MIGRAINE AS A PAIN DISORDER: TRIGEMINOVASCULAR MECHANISMS AND CENTRAL SENSITISATION</i>	
10:00 AM - 10:30 AM	BREAK/MESSAGE FROM SPONSORS/GALLERY REVIEW	
10:30 AM - 11:45 AM	SYMPOSIUM 1: <i>FROM NERVE INJURY TO CENTRAL SENSITISATION</i>	SYMPOSIUM 2: <i>CHRONIC PAIN AND THE SUBSTANCE DEPENDENT PATIENT</i>
	COMBINATION PHARAMCOTHERAPY IN PAINFUL DIABETIC NEUROPATHY: CURRENT EVIDENCE & RECOMMENDATIONS	NEUROBIOLOGY OF PAIN AND ADDICTION: SHARED PATHWAYS
	NEUROPATHIC PAIN AND HEADACHES: SHARED MECHANISMS	CLINICAL DILEMMAS: COMMUNICATION SKILLS IN ASSESSING AND MANAGING PATIENTS WITH SUBSTANCE DEPENDENCE
	TBA	BEYOND OPIOIDS AND MULTIMODAL PAIN STRATEGIES
11:45 AM - 12:00 PM	Q & A	
12:00 PM - 13:00 PM	LUNCH SYMPOSIUM: TBA	
13:00 PM - 14:30 PM	LUNCH BREAK/ POSTER PRESENTATION / FRIDAY PRAYER	
14:30 PM - 15:00 PM	PLENARY 3: <i>FIBROMYALGIA: THROUGH THE LENS OF NOCIPLASTIC PAIN</i>	
15:00 PM - 16:15 PM	SYMPOSIUM 3: <i>PERSONALISED PAIN MEDICINE</i>	SYMPOSIUM 4: <i>CHRONIC PAIN AND THE SUBSTANCE DEPENDENT PATIENT</i>
	INTERVENTIONAL PAIN PROCEDURE: WHO BENEFITS MOST?	PHYSIOTHERAPY FOR PROGRESS: OPTIMISING FUNCTION IN NEUROPATHIC PAIN
	PSYCHOLOGICAL AND COGNITIVE PROFILING IN PERSONALISED PAIN MANAGEMENT	LIVING WITH NEUROPATHIC PAIN: SELF MANAGEMENT STRATEGIES FROM OCCUPATIONAL THERAPY PERSPECTIVE
	AI FOR EQUITY: ADDRESSING PAIN CARE DISPARITIES IN YOUNG PEOPLE	FROM PILLS TO POSSIBILITIES : EXPLORING NON PHARMACOLOGICAL MODALITIES IN NEUROPATHIC PAIN
16:15 PM - 16:30 PM	Q & A	
16:30 PM - 17:00 PM	TEA SYMPOSIUM	

The background of the image is a vibrant cosmic scene. At the top center, a bright, glowing sun or star is partially obscured by a large, white, cloud-like nebula. The sky is filled with a gradient of colors, from deep blue and purple on the left to bright orange and yellow on the right. Numerous thin, curved lines of light, resembling auroras or nebulae, sweep across the frame. The overall effect is one of a vast, dynamic universe.

MAIN CONFERENCE

SCHEDULE: DAY 2

DATE: 4TH JULY 2026 (SATURDAY)

Time	Topic	
08:00 AM – 09:00 AM	Registration	
09:00 AM – 09:30 AM	PLENARY 4: NEUROPATHIC PAIN TODAY: EVIDENCE BASED PHYSIOTHERAPY APPROACHES	
09:30 AM – 10:00 AM	PLENARY 5: PAIN IN CHILDREN WITH SEVERE NEUROLOGICAL IMPAIRMENT: CHALLENGES IN ASSESSMENT AND MANAGEMENT	
10:00 AM – 10:30 AM	BREAK/MESSAGE FROM SPONSORS/GALLERY REVIEW	
10:30 AM – 11:45 AM	SYMPOSIUM 5: <i>MANAGING THE SPECTRUM OF PAEDIATRIC PAIN</i>	SYMPOSIUM 6: <i>PATIENT CENTRED CARE AND ADVOCACY</i>
	RECOGNISING PAIN IN CHILDREN WHO CANNOT SELF-REPORT	COMMUNICATION THAT HEALS
	MANAGING CANCER-RELATED PAIN IN CHILDREN: PRACTICAL APPROACHES ACROSS THE ILLNESS JOURNEY	LESSONS FROM OUR PATIENTS
	WHEN PAIN KEEPS RETURNING: UNDERSTANDING AND MANAGING RECURRENT AND CHRONIC PAIN IN CHILDREN	TBA
11:45 AM – 12:00 PM	Q & A	
12:00 PM – 13:00 PM	CLINICAL CASE DISCUSSIONS (30 MINUTES EACH)	
	LOW BACK PAIN, MIGRAINES & HEADACHE	MULTIDISCIPLINARY TEAM DISCUSSION
13:00 PM – 14:00PM	LUNCH SYMPOSIUM /LUNCH BREAK/ POSTER PRESENTATION	
14:00 PM – 14:30 PM	PLENARY 6: DISSECTING THE 2025 NEUROPSIG PHARMACOTHERAPY IN NEUROPATHIC PAIN (RECORDED SESSION)	
14:30 PM – 15:45 PM	SYMPOSIUM 7: <i>MEDICOLEGAL ASPECTS OF PAIN MANAGEMENT</i>	SYMPOSIUM 8: <i>COMPREHENSIVE CARE IN CANCER PAIN</i>
	DOCUMENTATION STANDARD: PROTECTING THE PATIENT AND PRACTITIONER	SPIRITUALITY ASSESSMENT AND COPING STRATEGIES
	LESSONS FROM MALPRACTICE IN PAIN MANAGEMENT	OPIOID THERAPY IN THE IMMUNOTHERAPY ERA: FRIEND, FOE OR A NECESSARY COMPROMISE
	DISABILITY, CHRONIC PAIN AND MEDICOLEGAL CERTIFICATION ISSUES	ENGAGING INTERDISCIPLINARY TEAM IN PALLIATIVE CARE MANAGEMENT
15:45 PM – 16:00 PM	Q & A	
16:00 PM – 16:30 PM	CLOSE	



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Monash University

REGISTRATION FEES - PRECONGRESS WORKSHOP

Please note that the abbreviation "BSM" stands for Biennial Scientific Meeting

Category	Early Bird (1 st May 2026)				Post Early Bird			
	Members		Non-Members		Members		Non-Members	
	With BSM	Without BSM	With BSM	Without BSM	With BSM	Without BSM	With BSM	Without BSM
Doctors	200 MYR	300 MYR	300 MYR	400 MYR	250 MYR	350 MYR	350 MYR	450 MYR
Allied Health	150 MYR	250 MYR	250 MYR	350 MYR	200 MYR	300 MYR	300 MYR	400 MYR

Category	On Site Purchase			
	Members		Non-Members	
	With BSM	Without BSM	With BSM	Without BSM
Doctors	300 MYR	400 MYR	400 MYR	500 MYR
Allied Health	250 MYR	350 MYR	350 MYR	400 MYR

Category	BSM	Precongress Workshop
Doctors	300 USD	100 USD
Allied Health	200 USD	80 USD



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REGISTRATION FEES - MAIN CONFERENCE

Category	Early Bird (1 st May 2026)		Post Early Bird		On Site Purchase		Students	
	Members	Non-Members	Members	Non-Members	Members	Non-Members	Members	Non-Members
Doctors	550 MYR	750 MYR	660 MYR	850 MYR	800 MYR	1000 MYR	-	
Allied Health	350 MYR	550 MYR	450 MYR	650 MYR	700 MYR	900 MYR	350 MYR	350 MYR

- There will be 3 concurrent Workshops on Day 1. Please select only 1 Workshop to attend. Each workshop has limited seat; please register early to avoid disappointment.
- Due to limited space available, registration will only be confirmed upon the receipt of FULL registration fees, on first-come-first-serve basis.
- Students can only register for the main conference, not the preconference workshops.
- Payment must be received on or before 1st May 2026 to enjoy the early bird registration fee. The organizer reserves the right to charge the standard registration after this date.
- Please register at <https://bit.ly/MASP-BSM-2026> and pay online.
- Registered and paid delegate will be emailed an invoice and receipt generated by the online payment platform.
- No refunds for cancellations. If you are unable to attend the Conference for any reason, you may substitute your registration with the same delegate category by arrangement with the conference secretariat. Please write to maspbsm2026@gmail.com.

CONTACT US

Secretariat: 10th MASP Biennial Scientific Meeting 2026

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