



The Future of Pain Management:
Translating Pain Knowledge into Practice

29th - 31st July 2022 (Friday - Sunday)



Malaysian Delegate: bit.ly/MASP-BSM-2022-MY

International Delegate: bit.ly/MASP-BSM-2022-INT







The Future of Pain Management: Translating Pain Knowledge into Practice

29th - 31st July 2022 (Friday - Sunday)

WELCOME MESSAGE

from The Organising Chairperson



Dr Shawn Lee Ji Kwan
Organising Chairperson
8th MASP Biennial Scientific Meeting
Malaysian Association for the Study of Pain

Dear friends and colleagues,

On behalf of the Organizing Committee, I cordially welcome you to the 8th MASP Biennial Scientific Meeting entitled "The Future of Pain Management: Translating Pain Knowledge into Practice" which will be held virtually on 29th to 31st July 2022.

The past two years have been particularly challenging for the world. While the Covid-19 pandemic has hijacked our attention and resources, the Malaysian Association for the Study of Pain (MASP) has never forsaken our mission to promote pain management and education. Despite the hardship, I am proud to announce that our organizing committee, scientific committee, and event partner are working relentlessly to ensure that our speakers, delegates, and sponsors will have a pleasant and seamless experience.

The disruption that is Covid-19 will continue to impact us in the foreseeable future. With this meeting, MASP would like pave a brighter future for the scholars, researchers, and clinicians in the field of pain management. Regardless of the discipline you are from and the career stage you are at, we are confident that you will gain meaningful insights from our comprehensive scientific program.

Pain and suffering do not give way to a virus, neither should our effort to manage pain and relief suffering.

We look forward to your presence at our virtual event.

Dr Shawn Lee Ji Kwan

Organising Chairperson 8th MASP Biennial Scientific Meeting Malaysian Association for the Study of Pain





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WELCOME MESSAGE

from The Scientific Chairperson



Datin Dr Usha S. Rajah Scientific Chairperson 8th MASP Biennial Scientific Meeting Malaysian Association for the Study of Pain

My warmest greetings to all the guests and delegates. On behalf of the Malaysian Association for the Study of Pain (MASP), I would like to welcome you to our 8th MASP Biennial Scientific Meeting. This year, our conference is held on a virtual platform and focuses on "The Future of Pain Management: Translating Pain Knowledge into Practice". In context with the multidisciplinary membership of our association and being a national chapter of the International Association for the Study of Pain (IASP), we have opened this meeting to all healthcare providers, allied health professionals and researchers from all fields.

We have compiled an interesting scientific program with plenary and symposium lectures by local and international experts, poster sessions and interactive workshops. We hope that participants will take this opportunity to keep up with the latest updates on pain management. All participants will have a chance to attend a workshop which is included in the registration and is part of the Scientific Meeting. This program may in addition allow all delegates from all fields to reflect upon, as well as acquire knowledge and explore the current and future research directions.

We further hope that this meeting will serve as a platform to stimulate pain education in different groups of healthcare providers so that we aim for a future where we work together to improve pain management in Malaysia.

Let's join hands for the future of pain management, for the prospective and collective efforts to change what is within our reach and means.

I would like to thank each and every delegate at this event for your interest in pain management and for your contribution to make this meeting a fulfilling experience for us all.

Datin Dr Usha S. Rajah Scientific Chairperson 8th MASP Biennial Scientific Meeting Malaysian Association for the Study of Pain





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WELCOME MESSAGE

from The President, Malaysian Association for the Study of Pain



Dr Mary Suma CardosaPresident
Malaysian Association for the Study of Pain

It is with great pleasure that I would like to invite you to attend the 8th Biennial Scientific Meeting of the Malaysian Association for the Study of Pain (MASP), which will be held virtually on 29th to 31st July 2022.

I am glad that the MASP is still able to organise scientific meetings despite the challenging times we are facing. While we are all anxious to meet each other at face-to-face conferences, the MASP decided to be conservative and offer a virtual program again this year. On the bright side, having a virtual conference actually opens up opportunities like the ability to have more speakers from other countries and also more participants from Malaysia and the region. It also has the advantage of being recorded, and available even after the actual conference dates so that participants may view selected lectures at their own leisure.

While there are numerous virtual offerings of CPD activities now, and many of us may be "zoomed out", I would appeal to you to strongly consider attending this conference. The unique aspects that we bring to you is a truly multidisciplinary faculty covering a large variety of topics - this will ensure that each and every delegate will find something that they are interested in, even passionate about. So, apart from gaining new knowledge and updating yourselves on the latest developments in the field of pain I hope that this conference will stimulate interest in the field of pain management (for those new to the field) and "keep the flame burning" for those who are already in this field.

I would also like to invite members of the healthcare industry to support this conference by taking a virtual booth and reaching out to our members through your presence and advertisements. Without your participation, we would not be able to run our conferences as well as other CPD programs throughout the year. Thank you for your support in the past, and I look forward to your continuing support.

Before concluding, I would like to acknowledge the hard work of the organising committee, led by Dr Shawn Lee Ji Kwan, and the scientific committee, led by Dr Usha Rajah - a million thanks to you and your committees for rising to the challenge of organising this conference. I would also like to thank our conference organiser YHM Events Sdn Bhd and our secretariat staff, Ms Lee Sook Huey, for doing all the work behind the scenes to ensure a smooth and efficient conference.

Dr Mary Suma Cardosa

President

Malaysian Association for the Study of Pain





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INTERNATIONAL FACULTY

Professor Dr Andrew Rice

United Kingdom

Professor Dr Srinivasa Raja

United States

Dr Francis Javier

Philippines

Professor Dr Fiona Blyth

Australia

Professor Dr Michael Nicholas

Australia

Dr Harriet Kemp

United Kingdom

Dr Matthew Crawford

Australia

Professor Dr Stefan Friedrichsdorf

United States

Mr Shavinder Singh Bains

Australia

LOCAL FACULTY

Professor Dr Ramani Vijayan

Professor Dr Zubaidah Jamil Osman

Dato' Dr Kavita M. Bhojwani

Dr Khoo Eng Lea

Dr Richard Lim

Dr Afifi Arshad

Dr Ungku Ameen

Dr Farah Khalid

Dr Rushin Maria Dass

Dr Wan Azzlan

Dr Harijah Wahidin

Dr Aldred Soo

Dr Fazlina Ahmad

Dr Akmal Hafizah Zamli

Dr Syed Addi

Dr Nadia Mustafah

Dr Athena Tang

Dr Yeoh Lee Choo

Dr Lim Ern Ming

Dr Wan Rohaidah

Dr Law Yen Shuang

SN Florance Jeyanthy Sevamalai

Pn Nor Syahidah Bt Noor Azim

Pn Norfaizah Bt Senin

Pn Siti Hajar @ Herniza

Pn Noorul Fatihah

Ms Hafiffa Hamzah

Pn Nur Ayisha Basari

Ms Preesha Adithan

Mr Albert Quek

Miss Oh Shi Minh

Mdm Lau Hui Yuan

Mr Rajpal Singh

Ms Nurul Jannah bt Ab Rahim





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SCIENTIFIC PROGRAM

VIRTUAL CONFERENCE

Day 1: 29th July 2022, Friday

WORKSHOP 1: ESSENTIAL PAIN MANAGEMENT FOR DOCTORS

| Time | Торіс | Presenter |
|-------------|--|---|
| | Moderator: Dr Yeoh Lee Choo | |
| 0800 - 0830 | Registration | |
| 0830 - 0845 | Welcome / Objectives of Workshop / Pre-Test | Professor Dr Ramani Vijayan |
| 0845 - 0905 | Introduction to Essential Pain Management: What is Pain? and Why Treat It? | Professor Dr Ramani Vijayan |
| 0905 - 0920 | Assessment of Pain | Dr Athena Tang Mee Yee |
| 0920 - 0950 | Classification of Pain (Including ICD-11 Overview) | Dr Afifi Arshad |
| 0950 - 1000 | Break | |
| 1000 - 1020 | Bio-Psycho Social Model of Pain and Pain Physiology | Professor Dr Ramani Vijayan |
| 1020 - 1100 | General Principles of Pain Management - Pain Treatment Overview - Non Pharmacological Management - Pharmacological Treatment | Dr Athena Tang Mee Yee |
| 1100 - 1130 | R A T Approach to Pain Management | Dr Yeoh Lee Choo |
| 1130 - 1230 | BREAKOUT SESSIONS: Case Discussion - Post-op Pain - Cancer Pain - Neuropathic Pain - Low Back Pain | Prof Dr Ramani Vijayan Dr Athena Tang Mee Yee Dr Afifi Arshad Dr Yeoh Lee Choo |
| 1230 - 1300 | Q&A, Feedback and Post-Test | Professor Dr Ramani Vijayan Dr Yeoh Lee Choo |
| 1300 | End | |





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SCIENTIFIC PROGRAM

VIRTUAL CONFERENCE

Day 1: 29th July 2022, Friday (Cont'd)

WORKSHOP 2: ACUTE PAIN SERVICE - PRACTICAL PROBLEMS AND TROUBLESHOOTING

| Time | Торіс | Presenter |
|-------------|---|--|
| | Moderator: Dr Lim Ern Ming | |
| 0800 - 0830 | Registration | |
| 0830 - 0900 | Understanding Acute Pain and Methods of Pain Assessment | Dr Lim Ern Ming |
| 0900 - 0930 | Care of Patients on An Acute Pain Service - Role of Nurses and Paramedics | SN Florance Jeyanthy Sevamalai |
| 0930 - 1000 | A Practical Guide to Acute Pain Management in Children | Dr Farah Khalid |
| 1000 - 1015 | Break | |
| 1015 - 1100 | BREAKOUT SESSIONS: Case Discussion Common Problems in Acute Pain Management | Dr Lim Ern Ming SN Florance Jeyanthy Dr Farah Khalid Dr Law Yen Shuang Ms Michelle Ho Dr Wan Rohaidah Wan Ahmad Ms Yew Tien Ni |
| 1100 - 1130 | Pain Management Modalities in An Acute Pain Service | Dr Wan Rohaidah Wan Ahmad |
| 1130 - 1200 | Quiz: Interventions for Inadequate Pain Control | Dr Law Yen Shuang |
| 1200 - 1245 | BREAKOUT SESSIONS: Problem Based Learning Obstacles and Hurdles in An Acute Pain Service: How to Overcome Them? | Dr Lim Ern Ming SN Florance Jeyanthy Dr Farah Khalid Dr Law Yen Shuang Ms Michelle Ho Dr Wan Rohaidah Wan Ahmad Ms Yew Tien Ni |
| 1245 - 1300 | Q&A | |
| 1300 | End | |





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Day 1: 29th July 2022, Friday (Cont'd)

WORKSHOP 3: WORKSHOP FOR PHYSIOTHERAPISTS AND OCCUPATIONAL THERAPISTS

| Time | Торіс | Presenter |
|-------------|---|---|
| | Moderator: Ms Norfaizah Senin | |
| 0800 - 0830 | Registration | |
| 0830 - 0900 | The Role of Physiotherapy in Pain Management | Ms Nor Syahidah Noor Azim |
| 0900 - 0930 | Traditional Physiotherapy Interventions for Pain Management | Ms Norfaizah Senin |
| 0930 - 1000 | Active Coping Vs Passive Coping (Physio) - What are the Issues? | Ms Siti Hajar @ Herniza |
| 1000 - 1015 | Break | |
| 1015 - 1045 | Occupational Therapy Approaches in Pain Management | Ms Noorul Fatihah |
| 1045 - 1145 | BREAKOUT SESSIONS: Problem Based Learning Barriers in Treating Pain with Physiotherapy and Occupational Therapy | Ms Norfaizah Senin Ms Nor Syahidah Noor Azim Ms Hafiffa Hamzah Ms Noorul Fatihah Ms Siti Hajar @ Herniza Ms Norhasikin Sumar |
| 1145 - 1215 | Injury Prevention and Education in Pain Management (Physiotherapy) | Ms Hafiffa Hamzah |
| 1215 - 1245 | Activity Modification in Performing Activities of Daily Living (Occupational Therapy) | Ms Norhasikin Sumar |
| 1245 - 1300 | Q&A | |
| 1300 | End | |

^{*} Note: Workshop 1, 2 & 3 are concurrent sessions. Please select only 1 workshop to attend.





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VIRTUAL CONFERENCE

Day 2: 30th July 2022, Saturday

| Time | Торіс | | |
|-------------|--|--|--|
| 0730 - 0800 | Registration | | |
| 0800 - 0830 | Welcome Address by Organizing Chairman and MASP President | | |
| 0830 - 0900 | Welcome Address by Scientific Committee Chairperso | on - Official Opening of the Meeting | |
| | Chairperson: Dr Mary Cardosa | | |
| 0900 - 0930 | PLENARY 1: GLOBAL BURDEN OF PAIN - Creating a Purposeful Body of Evidence Professor Dr Fiona Blyth | | |
| | Chairperson: Professor Dr Ramani Vijayan | | |
| 0930 - 1000 | PLENARY 2: NEUROPATHIC PAIN - In Search of the Elusive Holy Grail Professor Dr Srinivasa Raja | | |
| 1000 - 1030 | Break (messages from sponsors) | | |
| | Concurrent Sessions | | |
| | Moderator: Dr Usha Rajah | Moderator: Ms Lee Sook Huey | |
| | SYMPOSIUM 1: Acute Pain Management | SYMPOSIUM 2: Teaching and Development | |
| | Persistent Post-Surgical Pain - Prevention Strategies **Dr Khoo Eng Lea** | Role of Nurses in Managing Postoperative Pain SN Florance Jeyanthy | |
| 1030 - 1145 | Intraoperative Nociceptor Monitoring Dr Afifi Arshad | Enhancing Knowledge and Attitudes Towards Pain Management - Education Program for Nurses **Dr Farah Khalid** **Tarah K | |
| | Regional Techniques for Perioperative Pain - What's New? <i>Dr Rushin Maria Dass</i> | Incorporating Medication Therapy Management into Pain Practice Ms Oh Shi Minh | |
| 1145 - 1200 | Q&A | Q&A | |
| | Chairperson: TBA | Chairperson: TBA | |
| 1200 - 1300 | LUNCH SYMPOSIUM 1 (Sponsored by Pfizer) Multimodal Analgesia for Postoperative Pain Management: What Do the Guidelines Say? Dr Devanandhini Krisnan | LUNCH SYMPOSIUM 2 (Sponsored by Menarini) <i>TBA</i> | |
| 1300 - 1400 | Lunch Break (Posters Presentation) | | |





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VIRTUAL CONFERENCE

Day 2: 30th July 2022, Saturday (Cont'd)

| Time | Topic | | |
|-------------|---|--|--|
| | Chairperson: Professor Dr Marzida Mansor | | |
| 1400 - 1430 | PLENARY 3: CHRONIC PRIMARY PAIN - Chronic Nociplastic Pain – Exploring an Emerging Concept Professor Dr Andrew Rice | | |
| | Concurrent Sessions | | |
| | Moderator: Professor Dr Choy Yin Choy Moderator: Dr Lim Ern Ming | | |
| | SYMPOSIUM 3: The Pandemic and Pain Management | SYMPOSIUM 4: Get Me Going | |
| 1430 – 1545 | The Challenges and Considerations in Pain Management During the Pandemic Dr Wan Azzlan Wan Ismail | Prehabilitation for Joint Replacement <i>Mr Shavinder Singh Bains</i> | |
| | Telemedicine For Chronic Pain - Patient's perspective **Dr Yang Su-Yin** | The Different Approaches for Acute and Chronic Pain: What are the Challenges? Ms Preeshaa Adithan | |
| | Pain Associated with SARS-CoV-2 Infection Dr Harriet Kemp | Role Of Interventions In Rehabilitation <i>Dr Aldred Soo</i> | |
| 1545 - 1600 | Q&A | Q&A | |
| | Chairperson: Dr Mary Cardosa | | |
| 1600 - 1620 | SPECIAL SESSION: Cannabinoids - Basic Science vs Clinical Implications Professor Dr Andrew Rice | | |
| 1620 - 1650 | Q&A | | |
| 1650 | Close | | |





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VIRTUAL CONFERENCE

Day 3: 31st July 2022, Sunday

| Time | Торіс | | |
|-------------|---|--|--|
| 0800 - 0900 | Registration | | |
| | Chairperson: Dr Afifi Arshad | | |
| 0900 - 0930 | PLENARY 4: CANCER PAIN - Current Practice and Future Developments Dr Richard Lim | | |
| | Chairperson: Professor Dr Zubaidah Jamil | | |
| 0930 - 1000 | PLENARY 5: PAIN PSYCHOLOGY IN THE 21st CENTURY - Lessons Learned and Future Research Directions Professor Dr Michael Nicholas | | |
| 1000 - 1030 | Break (messages from sponsors) | | |
| | Concurrent Sessions | | |
| | Moderator: Dr Raveenthiran Rasiah | Moderator: Dr Shawn Lee Ji Kwan | |
| | SYMPOSIUM 5: Pain in Different Populations | SYMPOSIUM 6: Challenges in Chronic Pain Management | |
| | Clinical Assessment in Cancer Pain - The Holistic Approach <i>Dr Fazlina Ahmad</i> | Return to Work Programs - The Challenges **Dr Akmal Hafizah Zamli** | |
| 1030 - 1145 | Pain Emergencies in Palliative Care <i>Dr Francis Javier</i> | The Stigma of Living with Chronic Pain - A True Story Professor Dr Zubaidah Jamil | |
| | Pain Management in The Elderly - Identifying the Research Gaps Dr Ungku Ameen | Living Life to Its Best with Chronic Pain - Role of Occupational Therapy Ms Lau Hui Yuan | |
| 1145 - 1200 | Q&A | Q&A | |
| | Chairperson: Dr Mary Cardosa | Chairperson: TBA | |
| 1200 - 1300 | LUNCH SYMPOSIUM 3 (Sponsored by Viatris) Low Back Pain: Looking at the Underlying Pain Mechanism Dr Ozlan Kamil | LUNCH SYMPOSIUM 4 (Sponsored by Aspen Medical Products) Local Anesthetic in Treating Acute & Chronic Pain Conditions Dr Awisul-Islah bin Ghazali | |
| 1300 - 1400 | Lunch Break (Posters Presentation) | | |





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VIRTUAL CONFERENCE

Day 3: 31st July 2022, Sunday (Cont'd)

| Time | Topic | | |
|-------------|--|--|--|
| | Chairperson: Dr Farah Khalid | | |
| 1400 - 1430 | PLENARY 6: CHRONIC PAIN IN CHILDREN Dr Matthew Crawford | | |
| | Concurrent Sessions | | |
| | Moderator: Dr Rushin Dass | Moderator: Dato' Dr Kavita Bhojwani | |
| | SYMPOSIUM 7: Translating Research Into Practice | SYMPOSIUM 8: Interdisciplinary Functional Restoration | |
| 1430 - 1520 | Integrative Modalities in Cancer Pain Management in Children Professor <i>Dr Stefan Friedrichsdorf</i> | Case Discussion About the Rehabilitation of a Patient After Traumatic Spinal Cord Injury Orthopaedics - <i>Mr Syed Addi Usmi Syed Othman</i> Rehabilitation - <i>Dr Nadia Mustafah</i> Physiotherapy - <i>Mr Rajpal Singh</i> | |
| | Immersive Virtual Reality in Pain Management <i>Mr Albert Quek</i> | Occupational Therapy - Ms Nurul Jannah bt AB Rahim Case presentation - Dr Afifi Arshad | |
| 1520 - 1535 | Q&A | Q&A | |
| 1535 - 1600 | Closing | | |
| 1600 | End of Conference | | |





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REGISTRATION FEE

| Category | Post Early Bird (After 15 th May 2022 - 15 th July 2022) | |
|---------------------------|---|---------------------------|
| | MASP Member / MOH | Non-MASP Member / Non-MOH |
| Doctors | MYR 249.00 | MYR 349.00 |
| Allied Health | MYR 199.00 | MYR 299.00 |
| Undergraduate Students | MYR 149.00 | |
| International Participant | USD 100.00 | |

- a) Registration Fee in Ringgit Malaysia (MYR) is for Malaysians only and in US Dollars (USD) is for International participants.
- b) There will be 3 **concurrent** Workshops on Day 1. Please select only 1 Workshop to attend. Each Workshop has limited seats. Please register early to avoid any disappointment.
- c) Due to limited space availability for the Workshops, registration will only be confirmed upon the receipt of FULL registration fees on a first come first serve basis.
- d) Please register at https://bit.ly/MASP-BSM-2022-MY (Malaysian delegates) and https://bit.ly/MASP-BSM-2022-INT (International delegates) and pay registration fees online.
- e) Once payment is received, all registered delegates will receive, by email, an invoice and receipt generated by the online payment platform.
- f) For payment via Local Purchase Order (LPO), please email the Reference Number (Nombor Perolehan) and a copy of the LPO by 15th of July 2022 to the Event Secretariat at MASP-BSM-2022@yhmevents.com. Failure to do so will result in Auto-Cancellation of your registration. Alternatively, if the Reference Number could not be obtained by 15th of July 2022, please contact the Event Secretariat for the online payment link.
- g) Registered Conference Delegates are entitled to receive an e-certificate of attendance, admission to all Virtual Scientific Sessions, virtual booths and to watch a replay of the Virtual Conference Scientific Sessions. The on-demand replay URL link will be active for one (1) month only after the Virtual Conference has concluded.
- h) All Registered delegates will receive the URL login link one week prior to the start of the Virtual Conference. This link is unique and personalized based on your registered name and email address and cannot be shared with others.
- i) There will be no refunds for cancellations. If you are unable to attend the Conference for any reason, you may substitute your registration with another delegate with the same delegate category by arrangement with the conference secretariat. Please write to MASP-BSM-2022@yhmevents.com.

CONTACT US

Secretariat: 8th MASP Biennial Scientific Meeting 2022

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