

4th Announcement

Virtual Conference

4th NATIONAL PAIN FREE CONFERENCE

7th MASP BIENNIAL SCIENTIFIC MEETING

**THE MANY FACETS OF PAIN:
FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH**

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)

Highlight of the Virtual Conference:

- The Global Burden of Pain and New ICD Classification for Pain
- Opioids in Malaysia: Getting the Balance Right
- Beyond the Boundaries: Going Beyond Pharmacological Treatments in Pain Management
- Expanding the Pain Free Concept beyond the Hospital Setting

We have shifted to
Virtual Conference
with new date on
**23rd - 24th
September 2020**

16CPD
points
will be
awarded

Call for abstract:

Abstracts for the poster presentation (250 words maximum, excluding author names and affiliations) should be forwarded to **MYPainFree2020@yhmevents.com** by **15th August 2020**

Registration
deadline

14th
September 2020

REGISTER ONLINE:
<http://bit.ly/mypainfree2020>

Organized by:



In Collaboration with:



4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



WELCOME MESSAGE



Dr Ungku Ahmad Ameen bin Mohd Zam
Organising Chairperson

Greetings to all!

Due to the growing concerns about COVID-19 especially on social gatherings such as international meetings and conferences, the safety, health, and well-being of our participants, speakers & partners are our top priority. We are delighted to announce that the 4th National Pain Free Conference and 7th Malaysian Association for the Study of Pain (MASP) Biennial Scientific Meeting (BSM) 2020 have shifted to Virtual Conference which will be held on the 23rd – 24th September 2020. This is the first time our conference is being held virtually and our scientific committee is working enthusiastically to provide our participants a program which embody the commitment as we continue to virtually meet, engage, learn and advance in the field of pain management with the involvement from multi subspecialties and disciplines to share their experience, knowledge and expertise.

Our theme is “The Many Facets of Pain: Forging Ahead with Multidisciplinary Approach”. The main focus is to address approaches of pain from subspecialties such as dentistry, family medicine, geriatrics as well as surgery. In the effort of making this virtual conference successful and memorable, we have invited eminent speakers to our conference. We are confident that you will enjoy a stimulating virtual conference and your participation will help contribute to this vibrancy and enrich discussions around the theme, developing professional knowledge and exchange, insights and collaborations. This virtual conference is co-organized by the Malaysian Association for the Study of Pain (MASP) and the Ministry of Health Malaysia (MoH).

It is with great pleasure that the organising committee would like to invite all of you to join this virtual conference.

We look forward to seeing you virtually!

Dr Ungku Ahmad Ameen bin Mohd Zam

Organising Chairperson

4th National Pain Free Conference &

7th Malaysian Association for the Study of Pain (MASP) Biennial Scientific Meeting (BSM) 2020

4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



Virtual Conference Day 1: 23rd September 2020, Wednesday

Time	Agenda
0730 - 0830	Registration
0830 - 0900	Welcome Address Organizing Chairman <i>Dr Ungku Ahmad Ameen Ungku Zam</i> <i>Consultant Geriatrician, Tengku Ampuan Rahimah Hospital, Klang</i> MASP President <i>Dr Mary Cardoso</i> <i>President of Malaysian Association for the Study of Pain; Consultant Anaesthesiologist and Pain Specialist</i>
0900 - 0930	Opening Speech <i>Director General of Health</i>
Chairperson: Dr Mary Cardoso	
0930 - 1000	PLENARY 1 <i>Opioids in Malaysia - Getting the Balance Right</i> Dr Richard Lim Boon Leong <i>Head of Palliative Care Services Ministry of Health; Consultant Palliative Medicine Physician, Selayang Hospital</i>
1000 - 1015	Break (messages from sponsors)
Chairperson: Dr Ungku Ahmad Ameen Ungku Zam	
1015 - 1145	SYMPOSIUM 1: Handling Pain for the Little Ones
1015 - 1040	Chronic Pain in Children - is it a Problem in Malaysia? Dr Tang Swee Ping <i>Consultant Paediatrician, Selayang Hospital</i>
1040 - 1105	Role of Parents in Children's Pain Assoc Prof Dr Zubaidah Jamil Osman <i>Consultant Clinical Psychologist, University of Cyberjaya</i>
1105 - 1130	Managing Procedural Pain in Children Dr Angela Yeo Siok Hoong <i>Consultant Anaesthesiologist and Pain Specialist, KK Women's and Children's Hospital, Singapore</i>
1130 - 1145	Q&A
1145 - 1200	Break (messages from sponsors)
Chairperson: Dr Mary Cardoso	
1200 - 1300	LUNCH SYMPOSIUM (Sponsored by Pfizer Upjohn) Practice Advisory on The Appropriate Use of NSAIDs Profesor Datuk Dr Sabarul Afian Mokhtar <i>Professor of Orthopaedic Surgery (Spine), Department of Orthopaedic and Traumatology, Faculty of Medicine, Universiti Kebangsaan Malaysia;</i> <i>Deputy Director, Pro Vice Chancellor Office, Medical & Health Campus, Universiti Kebangsaan Malaysia</i>
1300 - 1400	Lunch Break (Poster Presentation)

4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



Virtual Conference Day 1: 23rd September 2020, Wednesday

Time	Agenda
	Chairperson: Dr Mohamad Aswad Abu
1400 - 1530	SYMPOSIUM 2: Traditional and Complementary Medicine in Pain Management
1400 - 1425	Interfacing Traditional and Complementary Medicine with Pain Management in Malaysia: Challenges and Hopes Dr Chai Koh Meow <i>Senior Principal Assistant Director, Traditional and Complementary Medicine Division, Ministry of Health, Putrajaya</i>
1425 - 1450	Hypnosis for Pain - What is its Role? Dr Shawn Lee Ji Kwan <i>Head of Science and Clinical Psychologist, Psyche Consultancy</i>
1450 - 1515	Varmam in Malaysia - Traditional Indian Medicine in Pain Management Dr G Senthilvel <i>Siddha Practitioner and Siddha Varmam Expert, Sungai Buloh, Hospital</i>
1515 - 1530	Q&A
1530 - 1545	Break (messages from sponsors)
	Chairperson: Pn Noorul Fatimah Nordin
1545 - 1715	SYMPOSIUM 3: Managing Osteoarthritis Pain: From Primary Care to Surgery
1545 - 1610	Diagnosis and Management of Osteoarthritis Pain in Primary Care - What Can and Cannot be Done? Dr Nagammai Thiagarajan <i>Family Medicine Specialist, Klinik Kesihatan Kuala Lumpur</i>
1610 - 1635	Role of Exercise for Management of Joint Pain in Elderly Patients Dr Tiong Ing Khieng <i>Consultant Geriatrician, Sarawak General Hospital</i>
1635 - 1700	When is Knee Replacement Indicated? Prehabilitation of Patients Before Knee Replacement Dr Syed Addi Usmi bin Syed Othman <i>Consultant Orthopaedic Surgeon, Tuanku Fauziah Hospital, Kangar</i>
1700 - 1715	Q&A
1715	End of Day 1

4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



Virtual Conference Day 2: 24th September 2020, Thursday

Time	Agenda
0730 - 0830	Registration
Chairperson: Prof Ramani Vijayan	
0830 - 0900	PLENARY 2 Global Burden of Pain and the New Pain Classification in ICD 11 Professor Dr Andrew SC Rice Professor of Pain Research, Department of Surgery and Cancer, Imperial College London, Chelsea and Westminster Hospital
0830 - 0900	PLENARY 3 Beyond the Boundaries: Going Beyond Pharmacological Treatments in Pain Management Assoc Prof Dr Zubaidah Jamil Osman Consultant Clinical Psychologist, University of Cyberjaya
0900 - 0915	Break (messages from sponsors)
Chairperson: Dr Harijah Wahidin	
0915 - 1045	SYMPOSIUM 4: Challenges in Pain Assessment and Management in the Community
0915 - 0940	Cancer Pain Management in the Community Dr Ednin Hamzah HOSPIS Malaysia
0940 - 1005	Pain Assessment in the Elderly - What are the Challenges and What Tools do We Have? Dr Rizah Mazzuin Razali Consultant Geriatrician, Kuala Lumpur Hospital
1005 - 1030	Management of Herpes Zoster and Post Herpetic Neuralgia Datin Dr Usha Rajah Consultant Anaesthetist and Pain Specialist, Pulau Pinang Hospital
1030 - 1045	Q&A
1045 - 1100	Break (messages from sponsors)
Chairperson: Dr Aminuddin bin Ahmad	
1100 - 1230	SYMPOSIUM 5: Management of Acute Pain
1100 - 1125	Managing Pain for Wound Dressing Dr Muhammad Rahmat Ali Hassan Consultant Anesthesiologist, Sultan Ismail Hospital, Johor Bahru
1125 - 1150	Recommendations for Labour Analgesia Dr Lee Meng Li Consultant Anaesthesiologist, Pulau Pinang Hospital
1150 - 1215	Pain Management in ETD. A Review Dr Iskasyim bin Itam @ Ismail Consultant Emergency Physician Serdang Hospital/ Hospital Pengajar Universiti Putra Malaysia
1215 - 1230	Q&A
1230 - 1400	Lunch Break (Poster Results)

4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



Virtual Conference Day 2: 24th September 2020, Thursday

Time	Agenda
	Chairperson: Prof Ramani Vijayan
1400 - 1430	PLENARY 4 <i>Breaking Silos - Enhancing Teamwork Towards Pain Free Hospitals</i> Dato' Dr Ding Lay Ming <i>Perak State Health Director, Ministry of Health</i>
	Chairperson: Dr Aminuddin bin Ahmad
1430 - 1600	SYMPOSIUM 6: Expanding the Pain Free Concept Beyond the Hospital Setting
1430 - 1455	Implementation of P5VS in Primary Care Dental Clinics Datin Dr Norinah binti Mustapha <i>Dental Public Health Physician, Oral Health Division, Ministry of Health</i>
1455 - 1520	Pain Free Programme in Primary Care: Challenges and Way Forward Dr Norhana binti Yazid <i>Family Medicine Specialist, Klinik Kesihatan Chendering, Kuala Terengganu</i>
1520 - 1545	Intervention of Chronic Pain Management Dr Toh Charng Jeng <i>Consultant Neurosurgeon, National University of Malaysia</i>
1545 - 1600	Q&A
	Chairperson: Dr Ungku Ahmad Ameen Ungku Zam
1600 - 1630	Journey of Pain Free Programme in Malaysia Dr Faizah Binti Muhamad Zin <i>Senior Principal Assistant Director Medical Development Division, Ministry of Health, Malaysia</i> Feedback from participants
1630	<i>End of Conference</i>

4TH NATIONAL PAIN FREE CONFERENCE & 7TH MASP BIENNIAL SCIENTIFIC MEETING

THE MANY FACETS OF PAIN: FORGING AHEAD WITH MULTIDISCIPLINARY APPROACH

Virtual Conference Date: 23rd - 24th September 2020 (Wednesday - Thursday)



REGISTRATION FEE

Category	Original Registration Fee	
	MOH / MASP Member	Non-MOH / Non-MASP Member
Specialist	RM 550.00	RM 600.00
Medical Officer	RM 450.00	RM 500.00
Nurse / Allied Health	RM 400.00	RM 450.00
International Participant	-	

50% OFF

New Registration Fee	
MOH / MASP Member	Non-MOH / Non-MASP Member
RM 275.00	RM 300.00
RM 225.00	RM 250.00
RM 200.00	RM 225.00
USD 100.00	

- Registration Fee is in Ringgit Malaysia (RM) for Malaysian and US Dollar (USD) for International participants.
- Due to limited space available, registration will only be confirmed upon the receipt of FULL registration fees, on first-come-first-serve basis.
- Payment must be received on or before **14th September 2020** to secure your seat at the Virtual Conference.
- Please bank-in / online transfer your payment to 'Malaysian Association for the Study of Pain at 8881026804208 (AMBank)'. For International participant's overseas payment: **SWIFT Code is ARBKMYYL**. Please indicate that the purpose / reference of payment as 'Pain Free 2020' and your name.
- Once payment is made, please email a copy of your remittance advice with your name to the Secretariat at **MYPainFree2020@yhmevents.com** for payment tracking purpose.
- For payment via **Local Purchase Order (LPO)**, please email the Reference Number (Nombor Perolehan) by **4th September 2020** to the Secretariat at **MYPainFree2020@yhmevents.com**. Failure to do so will result in Auto- Cancellation of your registration. Alternatively, if the Reference Number couldn't be obtained by 14th September 2020, please make the Registration Fee payment via online transfer as per the details in item no. (d) above.
- Registered Virtual Conference delegate is entitled for e-certificate of attendance, admission to all Virtual Scientific Sessions and to watch re-play of the Virtual Conference Scientific Sessions. The re-play URL link will be active for 2 weeks only after the Virtual Conference has concluded.
- Registered & paid delegate will receive the URL Link 1 week prior to the Virtual Conference. This link is unique and personalized based on your registered name & email address which cannot be shared with others.
- NO refunds for cancellations. If you are unable to attend the virtual conference for any reason, you may substitute your registration by arrangement with the conference secretariat of the same delegate category. Please write to **MYPainFree2020@yhmevents.com**.
- Please register at **<https://bit.ly/mypainfree2020>**

CONTACT US

Secretariat: 4th National Pain Free Conference & 7th MASP Biennial Scientific Meeting 2020

Mr James Yeong Hock Meng / Ms Alice Chooi

YHM Events Sdn Bhd

A-13A-03A Central SOHO @ Central Residence, No. 366 Jalan Sungai Besi, 57100 Kuala Lumpur, Malaysia

Tel: +603 7497 1995 Email: **MYPainFree2020@yhmevents.com**