



5TH BIENNIAL SCIENTIFIC MEETING 2016

MALAYSIAN ASSOCIATION for the STUDY of PAIN

THEME: PAIN MANAGEMENT - WHY FOCUS ON PRIMARY CARE?



10TH TO 12TH MARCH 2016



SWAN CONVENTION CENTRE, SUNWAY MEDICAL CENTRE

CONFERENCE SECRETARIAT

MALAYSIAN ASSOCIATION for the STUDY of PAIN
c/o Bloom Communications

P1-2-1, Andalucia, Pantai HillPark, Jalan Pantai Permai, Bangsar South,
59200 Kuala Lumpur, Malaysia

Tel : +603 2242 0902 / +6016 206 9610

Fax : +603 6207 6795

Email : maspconferencesecretariat@gmail.com

Website : www.masp.org.my

CALL FOR ABSTRACTS!

Closing Date: **15th February 2016.**

Awards will be given for
BEST Free Paper Oral Presentation &
Poster Presentation.

WELCOME MESSAGE FROM THE PRESIDENT OF MASP

On behalf of the Malaysian Association for the Study of Pain (MASP), I would like to invite you to attend our 5th Biennial Scientific Meeting from 10th-12th March 2016.

In keeping with the multidisciplinary membership of our association and the International Association for the Study of Pain (IASP), we welcome doctors and allied health professionals from all specialties to this conference, which will focus on pain management in primary care, recognising the important role of general practitioners and family medicine specialists as the first contact point for patients with various pain problems.

The interesting scientific programme will give delegates the opportunity to update yourselves with the latest information on different aspects of pain management. You can learn some practical skills in the workshops, and can present your research by submitting abstracts for the poster/free paper sessions. The conference also provides a platform for healthcare providers to meet and discuss issues related to clinical pain management and pain education. Overall, our long term aim is to contribute towards the improvement of pain management in Malaysia.

I look forward to welcoming you to our Biennial Scientific Meeting 2016!

Dr Mary Suma Cardoso
President, MASP

PROGRAMME OVERVIEW

MASP 2016 - SCIENTIFIC PROGRAMME : 10th March 2016 (Thursday)

1.30pm - 5.30pm	REGISTRATION			
2.30pm - 5.30pm	PRE-CONGRESS WORKSHOPS			
	Advanced Acute Pain Workshop for Nurses	Ultrasound Guided Pain Blocks	Guidelines on Opioid Prescribing for Chronic Non-Cancer Pain	Psychology Workshop Psychosocial Assessment and Management of Chronic Pain

MASP 2016 - SCIENTIFIC PROGRAMME : 11th March 2016 (Friday)

7:30am - 5.00pm	REGISTRATION			
8.30am - 9.00am	OPENING CEREMONY			
9.00am - 9.30am	Plenary 1 - Pain Management - Why Focus on Primary Care?			
9.30am -10.00am	Plenary 2 - Pain Education for Non-Pain Specialists - A Global Experience			
10.00am - 10.30am	Tea Break			
10.30am - 11.15am	Sponsored Symposium			
11.15am - 12.45pm	Symposium 1 Low Back Pain	Symposium 2 Pharmacotherapy In Pain Management	Mini-Workshop 1	
	Management of Acute Low Back Pain - Can We Prevent It from Becoming Chronic?	Lessons from the West - Opioid Addiction in Primary Care.	Practical Pain Management Skills: Relaxation	
	The Value of Imaging for Low Back Pain	NSAIDS - Are They Overused in Primary Care?		
	Interventions for Chronic Low Back Pain - When to Refer to the Pain Specialist?	Not All "Pain Patches" are the Same - Topical and Transdermal Analgesic Agents		
12.45pm - 2.30pm	Friday Prayers and Lunch Break			
2.30pm - 4.00pm	Symposium 3 Cancer Pain Management In The Community	Symposium 4 Neuropathic Pain	Mini-Workshop 2	
	Treatment Adherence Issues in Relieving Cancer Pain	Diagnostic Approach and Formulation in Neuropathic Pain	Practical Pain Management Skills: Pacing and Goal Setting	
	Complex Cancer Pain Management	Management of Post-Herpetic Neuralgia		
	Relieving Pain Without Medications	Prevention of Neuropathic Pain		
4.00pm - 4.30pm	Tea Break			
4.30pm - 6.00pm	MASP Annual General Meeting (for Members only)			
7.30pm	Faculty Dinner (by Invitation only)			

MASP EXECUTIVE COMMITTEE 2015/2016

Advisor	Prof Dr Ramani Vijayan Sannasi
President	Dr Mary Suma Cardoso
Hon Secretary	Prof Dr Marzida Mansor
Treasurer	Dr Lim Ern Ming
Exco Members	Assoc Prof Dr Choy Yin Choy
	Dr Ednin Hamzah
	Mr Shawn Lee Ji Kwan
	Dr Muralitharan Perumal
	Dr Raveenthiran Rasiah

WELCOME MESSAGE FROM THE ORGANISING CHAIRMAN

Pain is one of the most common reasons why people seek medical treatment. Experience all over the world shows that pain is still not well managed. Many barriers of pain management have been identified and failure of healthcare providers to assess and document pain has been one of the major barriers to pain relief. Pain management can be improved with education of healthcare providers as well as partners.

The Malaysian Association for the Study of Pain organizes a biennial conference to promote better quality pain management by improving the knowledge and skills of healthcare providers with regards to acute and chronic pain management. The theme of this 5th Biennial scientific meeting is "Pain Management: Why Focus on Primary Care?" I am confident that this meeting will contribute to pain education and research in Malaysia and will benefit the patients that suffer from pain. Let us all work together for pain relief wherever we may be.

It is with distinct and immense pleasure, that I extend a warm and cordial welcome to all of you, to this meeting.

Associate Professor Dr Choy Yin Choy

Organising Chairman

5TH BIENNIAL SCIENTIFIC MEETING 2016 MALAYSIAN ASSOCIATION for the STUDY of PAIN

Organising Chairman
Scientific Chairperson
Committee

Assoc Prof Dr Choy Yin Choy
Prof Dr Marzida Mansor
Dr Mary Suma Cardosa
Mr Shawn Lee Ji Kwan
Dr Lim Ern Ming
Dr Raveenthiran Rasiah
Ms Sam Jeng Mun
Dr Bachan Singh Taihal Singh
Prof Dr Ramani Vijayan Sannasi

MASP 2016 - SCIENTIFIC PROGRAMME : 12th March 2016 (Saturday)

7:30am - 5.00pm	REGISTRATION		
8.30am - 9.00am	Plenary 3 - Cancer Pain Management: Hospital-Community Interface		
9.00am - 9.30am	Plenary 4 - Reducing Unnecessary Pain in Paediatrics		
9.30am -10.00am	Plenary 5 - Shared Decision Making in Pain Management		
10.00am - 10.30am	Tea Break		
10.30am - 12.00pm	Symposium 5 Headache and Facial Pain	Symposium 6 Acute Pain	Mini-Workshop 3
	Headaches - What Not to Miss, and How?	Role of Peripheral Nerve Blocks in Acute Post-op Pain Management	Dispensing Strong Opioids - What/How to Counsel?
	Psychological Strategies for Headaches and Facial Pain	Acute Postoperative Pain Management for the Chronic Pain Patient	Controlled Substance Regulation in Malaysia
	Interventions for Trigeminal Neuralgia - What Works?	Quality Assurance in Acute Pain Management	Specialised Pharmacist Service for Chronic Pain
12.00pm - 12.45pm	Lunch Symposium		
12.45pm - 1.30pm	Lunch Break		
1.30pm - 3.00pm	Symposium 7 Management of Pain in Children	Symposium 8 Challenging Pain Issues	Free Paper Oral Presentation
	Managing Cancer Pain in Children	"Doctor, My Whole Body Hurts!": Approaches to Diagnosis and Management of Chronic Widespread Pain	Open for Abstract Submissions
	Management of Procedural Pain	Pain and Sick Leave in Primary Care	
	Relieving Pain in Children - Going Beyond Medications	Recurrent Visceral Pain - How to Manage?	
3.00pm - 3.30pm	Tea Break		
3.30pm - 5.00pm	Symposium 9 Musculoskeletal Pain	Symposium 10 Pain in the Elderly	Mini-Workshop 4
	Chronic Joint Pain - What Can Be Managed at Primary Care?	Assessment of Pain in the Elderly Patient	Acupuncture and Acupressure for Pain
	Occupational Hazards Presenting as Pain	Safety Considerations in Pharmacological Management of Chronic Pain in the Elderly	
	Management of Chronic Back and Neck Pain with a Neuropathic Component	Role of Physical Therapy for Chronic Pain Management in the Elderly	
5.00pm	Closing Ceremony, Presentation of Awards and End of Conference		



5TH BIENNIAL SCIENTIFIC MEETING 2016 MALAYSIAN ASSOCIATION FOR THE STUDY OF PAIN

MASP 2016 INVITED SPEAKERS

OVERSEAS SPEAKERS

Dr Jimmy Barus (Indonesia)
Dr Allen Finley (Canada)
Dr Roger Goucke (Australia)
Dr Ian Thong (Australia)

LOCAL SPEAKERS

Dr Siti Aminah Akbar Merican
Prof Dr Azlina Amir Abbas
Dr Mary Suma Cardoso
Assoc Prof Dr Choy Yin Choy
Dr Ednin Hamzah
Dr Ruziaton Hasim
Dato' Dr Kuan Geok Lan
Dr Lai Hou Yee

Dr Pauline Lai Siew Mei
Dr Lee Chung Cheng
Mr Shawn Lee Ji Kwan
Dr Lim Ern Ming
Prof Dr Ng Chirk Jenn
Dr Abed Onn
Dr Zubaidah Jamil Osman
Dr Muralitharan Perumal
Dr Athena Tang Mee Yee

Dr Tang Swee Ping
Dr Toh Charng Jeng
Prof Dr Ramani Vijayan Sannasi
Dr Harijah Wahidin
Dr Wan Rohaidah Wan Ahmad
Dr Yau Weng Keong
Dr Norhana Yazid

CALL FOR ABSTRACTS

DEADLINE FOR SUBMISSION IS 31ST JANUARY 2016

ABSTRACT SUBMISSION GUIDELINES for FREE PAPER ORAL PRESENTATION & POSTER PRESENTATIONS

1. Anyone who has conducted relevant research is invited to submit abstracts for **Free Paper Oral Presentations and Poster Presentations**. Abstract submission will open in December 2015 and the deadline of submission is **before 5.00pm 31st January 2016**.
2. **Abstracts will be published in the Malaysian Association for the Study of Pain (MASP) website unless specified otherwise.**
3. All abstracts will be reviewed by the Scientific Committee. The Committee reserves the right to select the abstracts relevant to the sessions and decide on the final form of presentation.
4. The research work submitted must be conducted substantially by the applicant. The work has to be original and must not have been presented in other conferences or published previously.
5. All poster and free paper oral presenters MUST register for the conference after an abstract is accepted in order to be able to present.
6. **The abstract template can be downloaded at www.masp.org.my. Please use the template provided.**

For further information about abstract submission, please send a query to abstractmaspconference@gmail.com.

WE WELCOME

- Family Medicine Specialists
- General Practitioners
- Pain Specialists
- Specialists from Anaesthesia, General Surgery, Neurology, Orthopaedics, Paediatrics
- Medical Officers
- Nurses
- Physiotherapists
- Occupational Therapists
- Clinical Psychologists
- Pharmacists

EXHIBITOR ENQUIRY

To receive information regarding exhibition and sponsorship for this conference, please contact our secretariat at +603 2242 0902 or email to maspconferencesecretariat@gmail.com

REGISTRATION FEES

	Malaysian		Malaysian		Overseas	
	MASP Member		Non MASP Member		Non MASP Member	
Current Registration Fees	Allied Health	Doctor	Allied Health	Doctor	Allied Health	Doctor
Pre-Conference Workshop	RM 50	RM 150	RM 120	RM 200	USD 40 / RM 160	USD 50 / RM 180
Before 31 st Jan 2016	RM 450	RM 600	RM 500	RM 700	USD 180 / RM 720	USD 250 / RM 990
1 st Feb to 28 th Feb 2016	RM 500	RM 700	RM 550	RM 800	USD 220 / RM 880	USD 300 / RM 1170
1 st Mar to 12 th Mar 2016	RM 550	RM 800	RM 600	RM 900	USD 250 / RM 1000	USD 350 / RM 1350

- All delegates MUST register for full conference to be entitled to register for the pre-conference workshop.
- MASP member MUST be in good standing to qualify for MASP member price.
- To download the registration form, please go to www.masp.org.my.